

# See the whole person, change the perception.

1 in 100 people in the UK live with schizophrenia. That's over 600,000 individuals. Individuals who also deal with work stress, dodgy Wi-Fi, dating drama, the cost of living crisis — the 99 other problems everyone else does.

Schizophrenia is a part of life for the people living with it, but it is not what defines them.

This National Schizophrenia Awareness Day, it's time to see the whole person — their ambitions, their sense of humour, their right to support, their everyday problems — not just our perceptions of a schizophrenia diagnosis.

